#### Introduction

In the church calendar the first half of the year is taken up with thinking about the events which shaped Jesus's life on earth....Advent, waiting for His coming; Christmas, His arrival as a baby; Epiphany, the worship of the gentiles; Lent, the time of testing; Passiontide, the time of suffering; Easter, overcoming sin and death; Ascension, His return to heaven and then Pentecost, the time when the Holy Spirit was given to believers and the church really began.

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The rest of the year has been described as the period of the Trinity, an opportunity for us to consider who God really is in the widest possible way.

# **Prayer**

Dear God,
Help us today to take time to think about who You really are,
to consider just how big You are.
We can't get our heads around this.
Often we try to put You in a box that we can cope with.
Challenge us today.
Not just our minds but our hearts too.
Amen.

## **Hymn**

Holy, holy, holy! Lord God Almighty!
All thy works shall praise thy name,
in earth and sky and sea;
Holy, holy, holy! Merciful and Mighty!
God in three persons, blessed Trinity!
(Reginald Heber)

### Reflection

In the creed we say, "I believe in...." We try to unpack our core beliefs... God, the Father, almighty, maker of heaven and earth: Jesus Christ, who became human, suffered, died and rose again...all for our sake; The Holy Spirit, who empowers us to live God's way. Three persons, in community together, united as God, yet distinct. St Patrick is said to have used the shamrock leaf as a visual aid, one leaf with three separate parts, united but distinct. You may also like the image of the hyacinth...a bulb, a flower and a fragrance, three aspects but essentially one plant.

Take some time to ponder on...

God the Father, our Creator

Jesus, our Redeemer

The Holy Spirit, our Enabler.

### Hymn

The God who reigns on high
The great archangels sing,
And 'Holy, holy, holy' cry
'Almighty King!
Who was and is the same,
And evermore shall be:
Eternal Father, great I AM,
We worship thee,'

The whole triumphant host
Give thanks to God on high:
'Hail, Father, Son and Holy Ghost'
They ever cry:
Hail, Abraham's God and mine!
(I join the heavenly lays)
All might and majesty are thine,
And endless praise.

(Thomas Olivers)

#### **Bible verses**

Ascribe to the Lord, you heavenly beings,
Ascribe to the Lord glory and strength.
Ascribe to the Lord the glory due to His name:
Worship the Lord in the splendour
of His holiness.
The voice of the Lord is over the waters:
The God of glory thunders,

The Lord thunders over the mighty waters.

The voice of the Lord is powerful:

The voice of the Lord is majestic.

The Lord sits enthroned above the flood:

The Lord is enthroned as King for ever.

The Lord gives strength to His people;

The Lord blesses His people with peace.

(Psalm 29: 1-4, 10, 11)

# **Prayer**

Almighty and everlasting God, who has given to us Your servants grace, by the confession of true faith, to acknowledge the glory of the eternal Trinity and, in the power of the majesty, to worship the Unity, we ask you to keep us steadfast in this faith and evermore defend us from all adversities; Who lives and reigns, one God, now and forever. Amen

## **Blessing**

May God the Father bless you with creativity
May God the Son bless you in your sufferings
May God the Holy Spirit empower you
as you seek to live a holy life,
Today, this week and forever.
Amen.



www.caraway.uk.com caraway@caraway.uk.com



