



VINTAGE ADVENTURE

Ⓐ HOME

SUMMER TIME

Caraway



Spiritually Resourcing the Older Person

Dear Vintage Adventure @ Home friends



We thought you might be interested to know that your June copy of Vintage Adventure at Home is a kind of anniversary edition! As some of you may be aware, at Easter 2017 here in Southampton, we started a monthly mid-week gathering for any older person in the community. We met in Highfield Church at around 10.30 a.m. for coffee, tea, pastries or tasty homemade treats. After a chance to chat and get to know other guests, we had a ten minute worship slot around a theme for that month. After this, people were free to carry on chatting, or to explore several tables around the church, where there was a variety of fun activities, art and crafts, poems to discover, bulbs to plant or other things to do related to our topic. Some of us took the opportunity to use the reflective station to simply take time out to be still in God's presence. At the end of the morning we moved to tables set with colourful gingham tablecloths and flowers, and a delicious lunch was served. Guests eventually departed during the early afternoon, having enjoyed eating together, making new friends, singing, worshipping and being creative.

Of course, when the pandemic started in 2020 we were no longer able to meet in person. Nevertheless, God prompted some of the team to have a go at creating something in its place for people confined to their homes. In May 2020 the first Vintage Adventure@Home was compiled and delivered free of charge to around 30 people. Since then we have produced a booklet each month on a variety of themes with a mix of general interest and spiritual content, which we pray will cheer each of the recipients. We now send out 287 each month and the readership is growing steadily. This is our 50th edition!

As the weather warms up, at least for some of the time, our June issue focuses on Summer. We trust that you will enjoy the worship section together with the reflections and that the photos from days at the seaside will bring a smile to your faces. Ann Todd has once again created a little seaside scene for you to cut out and stand on a shelf or table to remind you of days gone by. Some of you may like to make the upside down Summer Pudding and others tackle the quiz, wordsearch or crossword. Perhaps Ann Lewin's thoughts on Pentecost may inspire you or Dave's quirky article about the wonders of the sun intrigue you.

Whatever you turn to first, remember that even if we do not know you personally, you are not only precious to us, but most importantly, to Jesus, Who loved you SO much that He died just for you to bring you into a right relationship with God and offer you the awesome gift of eternal life. Now that is worth celebrating!

Love and blessings

Cynthia and your Caraway team



WORSHIP



Scripture

Now learn this lesson from the Fig Tree: As soon as its twigs get tender, and its leaves come out, you know that summer is near.



Even so, when you see these things happening, you know that it is near, right at the door. Mark 13: 28-29

Thoughts

Jesus is talking to His disciples in this passage about the end of the age and telling them the signs to look out for. He likened it to the coming of summer that as we bask in the warmth of the sun, so at the end of the age we will bask in the warmth of God's glory.

Hymn



Great is Thy faithfulness, O God my Father,
there is no shadow of turning with Thee;
Thou changest not, Thy compassions they fail not,
as Thou hast been Thou forever wilt be.

Summer and winter, and spring-time and harvest,
sun, moon and stars in their courses above,
join with all nature in manifold witness
to Thy great faithfulness, mercy and love.

Pardon for sin and a peace that endureth,
Thine own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow,
blessings all mine, with ten thousand beside.

Prayer

Lord, we thank You for the lazy, hazy days of summer. For past memories of seaside holidays, paddling in the sea, swimming, building sand-castles, for fun and picnics, strawberries and cream, for T-shirts and shorts, for cricket and tennis and for freedom just to be. Great is Your faithfulness , O God my Father. Amen.



Scripture

You care for the land and water it; You enrich it abundantly. The streams of God are filled with water to provide the people with corn, for so You have ordained it. You drench its furrows and level its ridges; You soften it with showers and bless its crops; You crown the year with Your bounty, and Your carts overflow with abundance. The grasslands of the desert overflow; the hills are clothed with gladness. The meadows are covered with flocks and the valleys are mantled with corn; they shout for joy and sing. Psalm 65: 9-13

Hymn



All things bright and beautiful,
all creatures great and small,
all things wise and wonderful,
the Lord God made them all.

Each little flower that opens,
each little bird that sings,
He made their glowing colours,
He made their tiny wings.

The purple headed mountains,
the river running by,
the sunset, and the morning
that brightens up the sky.

The cold wind in the winter,
the pleasant summer sun,
the ripe fruits in the garden,
He made them everyone.

The tall trees in the greenwood,
the meadows where we play,
the rushes by the water
we gather every day.

He gave us eyes to see them,
and lips that we might tell
how great is God almighty,
Who has made all things well.

All things bright and beautiful,
all creatures great and small,
all things wise and wonderful,
the Lord God made them all.

Thoughts

As a nation we always have something to say about the weather, but on the whole we don't do so badly when we consider other countries with earthquakes, volcanoes, drought and floods, so I wonder if we can truly learn to count our blessings, for God, our God, has promised to never leave us nor forsake us.



Prayer

All good gifts around us are sent from heaven above, then thank the Lord, O thank the Lord, for all His love. Dear Lord help us to develop humble thankful hearts for we know that you love us, and nothing can separate us from the love of God which is in Christ Jesus. Amen



Summer is Here!



At last it feels that summer is here, the cold winds and the rain have gone. We have the warmth of the sunshine, the trees in leaf, blossoms and flowers are around us, bees busy collecting nectar. I seem to have nostalgic childhood memories of long sunny days, sand, sea and holidays. The mind sometimes plays tricks on us and we forget the bad times of sadness, regret and sorrow. When the sun shines it feels as if all is right with the world, but of course we know it isn't. We are all too well aware of wars, famine, earthquakes, flooding, climate change, illness and loss of life.

When Jesus left His heavenly home and came to live among us here on earth, He experienced all of these things and more, including greed, corruption and betrayal. Although He experienced family life and friendships, He also experienced how cruel we can be to each other. Jesus came to show us a different way of love, caring and kindness and the unselfishness of the love of God. It's Jesus Who guides us to our home in heaven and gives us a picture of God's love through Himself, which is manifested in the words of the hymn *Great is Thy Faithfulness*.

The warmth of the sun reminds me of the warmth of God's love and the beautiful world He created for us in the words of *All Things Bright and Beautiful*. As we age, we know we can't skip through the days as once we could, sometimes it's hard to even put one foot in front of the other, but one day we will skip in the glorious 'Son shine' of heaven.



Sun Sun Sun

Yes. Ice creams, beach trips, plants doing their thing, that feeling on your face, the birds singing, clothes drying, school and work is out for Summer. Hooray! From the view down here (as a human, on the surface of little-ol'-earth) the sun seems like a pretty useful, pretty delightful fellow.

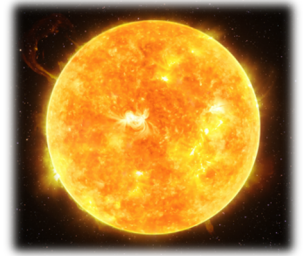
In the 90s my friend's sisters used to slap on olive oil and sit on the roof in Italy for a fortnight each summer to get nicely browned. Ouch. Back in the way-back-when (thousands of years ago), the sun was one of the most popular gods in the whole god-pantone range.

We know, through modern science, that our massive sun (hydrogen and helium on fire - diameter 865,000 miles), is the star at the centre of our solar system.

Though 93 million miles away, the sun makes all life possible on earth. Its gravity holds the solar system together. It radiates light and heat which enables plants to grow. Plants, in turn, become food and oxygen-producers for animals and humans.

If, like in a really bad disaster movie, the sun suddenly died or went away somewhere, we would not last long at all. (Unless we restarted it with a nuclear bomb as one far-out movie goes). The point is that the sun is absolutely vital for life.

Putting my little velvet vicar hat on for a moment, does God fit this topic somehow? Well, the Abrahamic religions (3.8bn people and counting) share the view that when God was on a roll making all the stuff, God made the sun too. And so, the argument goes, in a universe in which God has arranged the parts to work together, for each other, humans get to share the benefit and



support of the sun. Or to put it another way, the Sun is an obvious part of God's life giving kindness towards all creatures, you 'n' yours included.

God designed the sun (and gravity) in such a way to hold you (and the rest of the planet) close enough to this source of light and energy, so you can survive. A Christian will likely conclude that God wants you to survive, to be alive. I am grateful. Jesus once said that God gives the sun to all people (no matter if we think they are good or bad). *Matthew 5.45*. The point? God is



generous, and kind. And so the sun can be thought of as a feelable, enjoyable reminder (and delivery system) of the love of God for all the peeps, the plants, animals, insects, soil and sun-lovers.

One response is to say "Thank You God." Another is to get out the olive oil and the deckchair and wait on the roof for the big yellow faithful ball to emerge from behind the clouds. Don't try that at home kids. (I'll do the thanks bit as I slap on the factor 50 instead.)



Summer Memories

Terry shares photos from his family archive



His dad in a sand car he made



His grandparents by the beach



With his mum and brother

And remember those deckchairs that were always a challenge to put up?



And from Ann, a photo from a newspaper with a 'soft top' Charabanc from the 1930s



(shared in 1970s charabanc)

Summer Outings

Does anyone remember going on a Sunday School outing? I do! During the late 1950s and 1960s I attended a large Sunday school and so the annual trip to the seaside was quite an adventure and took some organising with a whole fleet of coaches. We used to mainly go to Hayling Island, but then ventured further afield to Littlehampton or Swanage.

As I attended a Salvation Army Sunday School the large flag of yellow, red and blue would come along too and would be stood in the sand so that any wandering child would know where to return to. I still have a little shell boat I bought when I was about 5 or 6 from Hayling Island. At the end of the day we'd pile into a fish and chip restaurant (in sittings) for a fish and chip supper. During the summer months the Salvation Army would often hold services on the beach or promenade.



Do you remember how the men would roll up their trousers to just above the knee and put a knotted handkerchief on their heads as a sun hat! My husband's parents used to hire a very small caravan in Weymouth for their annual holiday. They loved recounting how

one year the neighbour who knocked on the door asking if they could spare a cup of sugar, was in fact Eric Morecambe - Morecambe and Wise were working the summer season in Weymouth!



Ah, those were the days! Summers were such fun!

How to Build Your Seaside Collage

To make your seaside scene.....

Cut along the edge of each photo banner included separately in your booklet to make 5 pieces as shown.



Then cut slits indicated by the short white lines. Assemble by slotting the ones with slits at the bottom into the ones with slits from the top. The side pictures should face inwards and have the 3 slits on the top. Enjoy remembering times by the seaside in years gone by.



Thoughts about Pentecost

Since our Vintage Adventure at Home for Easter, we have celebrated two other festivals within the Church year – Ascension, when Jesus returned to His Father, and Pentecost, when the Holy Spirit which He had promised His followers, appeared ten days later. Here are some thoughts on that first Pentecost by Ann Lewin, a local Christian writer.

‘What’s going on?’ That seems to have been the question on everyone’s lips that Pentecost..... The Christians had been gathered together, and suddenly a violent wind swept through the house and tongues of flame rested on each person there, as the Holy Spirit filled them. They were so excited that they spilled out into the street, talking at the tops of their voices. The extraordinary thing was that everyone ... understood as though it was their own language, ... whatever country they came from. “What does it mean?” they said.



Some people dismissed the whole affair as drunken revelry, but Peter brought them down to earth. Apart from the fact that it was the wrong time of day for drunkenness, he told the crowd that ... this was what was foretold by the prophets. He quoted one called Joel, who had said that God promised to pour out His Spirit on everyone, young, old, male and female, and the result would be outward signs of disturbance, and inwardly the ... possibility of being changed. Joel 2:28-32

... The people would have known that the word for ‘wind’ or ‘breath’ was a word that also meant ‘spirit’. ... They would have known too, that fire was a sign of God’s presence: ever since the time that Moses had heard God

speaking from the middle of the burning bush, flame had carried that symbolism. But perhaps those people present at Pentecost were like us, knowing things in our heads, but a bit slow to make the connection between what we know intellectually, and what we experience.

But what was going on and what might it mean for us today? ... John recalled at the beginning of his Gospel (John 3:1-8) how Jesus had said to Nicodemus, "You must be born again, filled with God's Spirit." As with Hebrew, the Greek word for 'wind' is the same as 'spirit'. Jesus went on to talk about the mysterious way the wind operates,... we don't know where it has come from nor where it is going. We may understand more about weather systems now than people in first century Palestine , but we are no nearer to being able to control the wind. No more are we able to control God's Spirit.

... We talk about an idea or a person coming like a 'breath of fresh air': blowing away the cobwebs, clearing the air. So God's Spirit can set us free from habits and ways of thinking that keep us stuck and prevent us from seeing straight. We talk about the 'wind of change' too. ... It's the phrase that came into prominence in the 1960s when the first signs appeared that apartheid in South Africa was beginning to crack. And that process meant real upheaval.... So, when Jesus said the Spirit would lead us into truth,(John 16:1-3) He was not just talking about the Spirit sorting out our muddled thinking. He was saying there is real, hard work to be done. Repentance, turning round to face the truth, is costly. And the Spirit of God gives us the clarity to see, and the energy to do, what needs to be done. ...

We are getting used to wind farms providing us with power. But the energy of the wind isn't just for work, the wind can set things dancing, too: it's there to be enjoyed and played with, especially if we are lucky enough to have a kite to fly! The Spirit of God can set us dancing, too, filling us with joy in the fullness of life, which Jesus said He had come to bring.



*Taken from Ann Lewin. 2005 and 2011 Seasons of Grace pp 154-156 Canterbury Press.
Used with kind permission.*

Summer Pudding Recipe

Very easy, very delicious, and very British!

Ingredients

- 2 punnets of strawberries, washed and quartered
- 2 punnets of blueberries
- 2 punnets of blackcurrants
- 2 punnets of raspberries
- $\frac{1}{4}$ cup sugar plus 6 tablespoons of water
- 2 teaspoons of vanilla essence
- One loaf of day-old sliced bread



What you need

- A glass or ceramic container big enough to fit the fruit
- Oil spray
- Plastic wrap
- A plate that fits on top of the bowl to compress the pudding
- A weight to place on top of plate (a food can will do)

Instructions

1. In a saucepan, add quartered strawberries, sugar and water. When it boils, cook for 4 minutes over a low heat
2. Add blueberries and cook for another 3 minutes
3. Stir in blackberries, raspberries and vanilla and remove heat

Assembly

Lightly spray the inside of the bowl with oil (or rub-in some butter)

Lay plastic wrap inside bowl leaving some overhanging

Cut the crusts off the bread and line the inside of the bowl any way you like, leaving a few bread slices aside to make a 'lid' for the pudding

Pour the room-temperature fruit mixture on top of bread lined bowl, leaving one ladle of the liquid to pour over the pudding later. Make a lid for the pudding with the last pieces of bread

Cover the pudding with the overhanging plastic wrap and put a plate on top of the pudding to compress it (a food can would work).

Refrigerate for 6 hours.

Open plastic wrap covering pudding and put a serving plate upside-down on top and flip over.

Pour the extra ladle of juice and the leftovers berries (if any) on top of the pudding and serve with cream or ice cream

SUMMER GARDEN CROSSWORD - *Clues*

Across

- 2** A barrier to protect your garden from wildlife
- 5** Water flows from the spout through this flexible tube
- 7** Place to grow flowers, fruit and vegetables
- 9** Use this tool to dig a hole
- 10** Feathered and can fly
- 12** Part of a plant that is underground
- 15** What you sow in a garden
- 16** Gather a ripened crop
- 17** Used to clean up leaves
- 19** Source of light and heat that most plants need to grow

Down

- 2** Adds beauty and colour to a garden
- 3** A garden plot for flowers
- 7** Requires regular trimming to keep it neat
- 8** Beautiful water feature
- 10** Long wooden garden seat
- 11** Organism with leaves
- 13** Can grow very tall and has a trunk
- 16** Aromatic plants like sage and thyme
- 18** A person who tends to outdoor grounds
- 20** Wear these on your hands when gardening

Summer poems

The Swing

By Robert Louis Stevenson

How do you like to go up in a swing,
Up in the air so blue?
Oh, I do think it the pleasantest thing
Ever a child can do!

Up in the air and over the wall,
Till I can see so wide,
Rivers and trees and cattle and all
Over the countryside—

Till I look down on the garden green,
Down on the roof so brown—
Up in the air I go flying again,
Up in the air and down!



Shall I compare thee to a summer's day?

Thou art more lovely and more temperate:
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date;
Sometime too hot the eye of heaven shines,
And often is his gold complexion dimm'd;
And every fair from fair sometime declines,
By chance or nature's changing course untrimm'd;
But thy eternal summer shall not fade,
Nor lose possession of that fair thou ow'st;
Nor shall death brag thou wander'st in his shade,
When in eternal lines to time thou grow'st:
So long as men can breathe or eyes can see,
So long lives this, and this gives life to thee.

William Shakespeare



Word Search

AT THE BEACH



F S U N H A T G S N T I D E
L T N B L A N K E T B C N B
I N S H O V E L S P A G H O
P D I S A N D C A S T L E A
F W R S L K E U K V H T S R
L O A I I S W I M U I O E D
O Q Q D F B E A C H N W A W
P B B S E T E B O U G E W A
S U U P G G W N J S S L E L
S C O L U K B O C O U F E K
A K Y A A T O T O H I R D S
N E R S R V O C T D T R F C
D T S H D O K S E A G U L L
I E N S U N S C R E E N H P

Beach

Shovel

Surf

Tide

Sunscreen

Boardwalk

Sand

Seagull

Wade

Towel

Book

Bench

Sandcastle

Seaweed

Splash

Bathing Suit

Blanket

Life Guard

Bucket

Swim

Buoy

Sun Hat

Flip Flops

Driftwood



Word Scramble

YASND BEEHACS _____ SRIKPNLER _____

ASSSGULSEN _____ YRBAKADC BQB _____

THO OGD _____ KGOSIERNLN _____

LPIF SFOLP _____ NADS SCETSLA _____

GMIWISNM OPLO _____ WLNA WREMO _____

SXODABN SYTO _____ HAYOLID _____

MALDAOEEN _____ IRA DIRCEOTINON _____

GPIANCM _____ YMFIAL NISNROEU _____

IBKNII _____ HTCICGAN YARS _____

HABEC WTLOE _____ TABE HET THEA _____

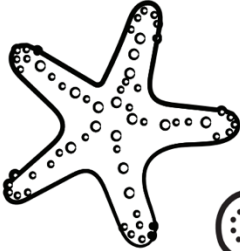
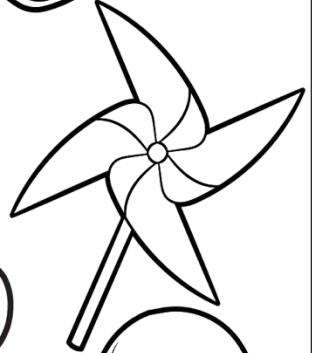
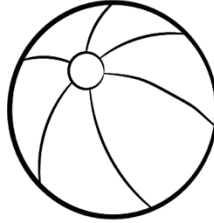
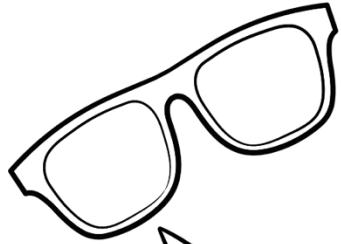
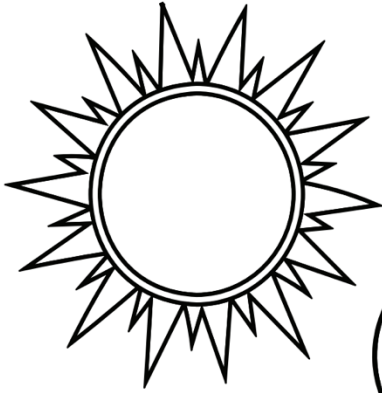
NNTUAS NOTLIO _____ TSUEAMENM KAPR _____

DILEIAFURG _____ YLF A TKIE _____

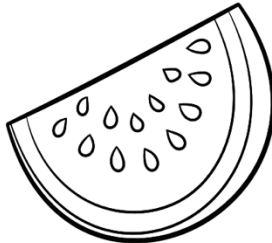
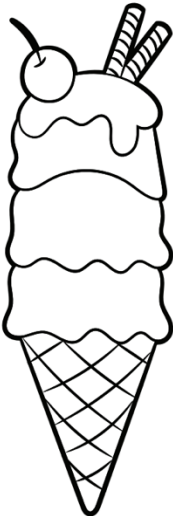


Summer Time Quiz

1. Another name for an umbrella.
2. From which language does the word 'picnic' come from?
3. Can you sing the first two lines of Summer Rain (Johnny Rivers)?
4. Which American singer was the 'Queen of Disco'?
5. What does the term SPF on sunscreen products stand for?
6. Where were the 2020 Summer Olympics held?
7. The summer solstice occurs every year, true or false?
8. Which British Band had a debut hit single in 1970 with 'In the Summertime'?
9. Which city will hold the 2024 Summer Olympics?
10. What is a Brazilian BBQ known as?
11. Where is the world's longest continuous peninsula beach located in the US?
12. "Shall I compare thee to a summer's day?" is the opening line of a sonnet by whom?
13. Name two insects prevalent in summer.
14. What is another name for the "wet season" in Eastern Asia?
15. What year of the 1960s is referred to as 'The Summer of Love'?
16. Which musical features the song 'Summertime'?
17. Before the advent of vegetable dyes what was used to make pink lemonade?
18. Which couple had a massive hit in 1978 with the song 'Summer Nights'?



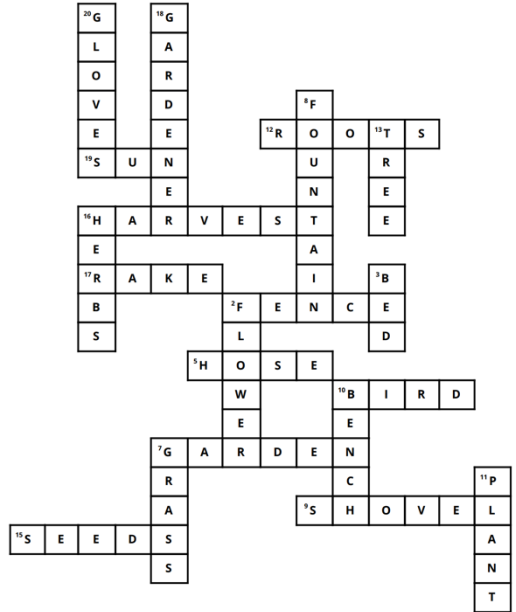
**HELLO
SUMMER**





Summer Crossword answers

- YASND BEEHACS **SANDY BEACHES** SRIKPNLER **SPRINKLER**
- ASSSGULSEN **SUNGLASSES** YRBAKADC BQB **BACKYARD BBQ**
- THO OGD **HOT DOG** KGOSIERNLN **SNORKELING**
- LPIF SFOLP **FLIP FLOPS** NADS SCETSLA **SAND CASTLES**
- GMIWISNM OPLO **SWIMMING POOL** WLNA WREMO **LAWN MOWER**
- SKODABN SYTO **SANDBOX TOYS** HAYOLID **HOLIDAY**
- MALDAOEEN **LEMONADE** IRA DIRCEOTINON **AIR CONDITIONER**
- GPIANCM **CAMPING** YMFIAL NISNROEU **FAMILY REUNIONS**
- IBKNII **BIKINI** HTCIGCAN YARS **CATCHING RAYS**
- HABEC WTLOE **BEACH TOWEL** TABE HET THEA **BEAT THE HEAT**
- NNTUAS NOTLIO **SUNTAN LOTION** TSUEAMENM KAPR **AMUSEMENT PARK**
- DILEIAFURG **LIFEGAARD** YLF A TKIE **FLY A KITE**



Answers to Summer Time Quiz

- Parasol
- French (pique-nique)
- Summer rain taps at my window
West wind soft as dweet dream
- Donna Summer
- Sun Protection Factor
- Tokyo
- True
- Mungo Jerry
- Paris
- Churrasco
- Long Beach, Washington
(it is 28 miles long)
- William Shakespeare (Sonnet 18)
- It depends where you are:
Wasps, flies, mosquitos, ticks,
Cicadas, ants, hornets.....
- Monsoon – a seasonal shift in
wind direction
- 1967
- Porgy & Bess
- A few drops of beet juice
- John Travolta
& Olivia Newton-John

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Cynthia Martin

Messy Vintage

from The Bible Reading Fellowship 